# The Slab on Grade Installation

A slab on grade is defined as any concrete slab poured over excavated soil. From a radiant heating perspective, it doesn't matter if the slab is actually "at grade" or is poured several feet below grade as part of a full foundation. Check out our video <u>How to Install Radiant Floor Heat Tubing in a Slab</u> <u>On Grade</u>, and read this page for a full description.

The fact remains that installing radiant tubing within a concrete slab is probably the easiest, most cost effective, and highest performance application of the science. The <u>thermal</u> benefits are unsurpassed. Virtually any concrete pour should contain radiant tubing ...even if you have no immediate plans to heat the space. After all, you may change your mind later and regret your lost opportunity. For most applications, the tubing and manifold are relatively inexpensive and the mechanical components can be installed even years later.

Of course, there are always exceptions to the rule. A woodshed or an outside storage shed with a concrete floor might be a waste of tubing. But even then you should think long and hard about the possibilities of converting these areas into heated space at some future date. I say this because often we work with people faced with the task of pouring a new slab, with tubing, over an already existing slab ... and they poured their existing slab only a few years before. How much easier it would have been to install the tubing in the original slab!

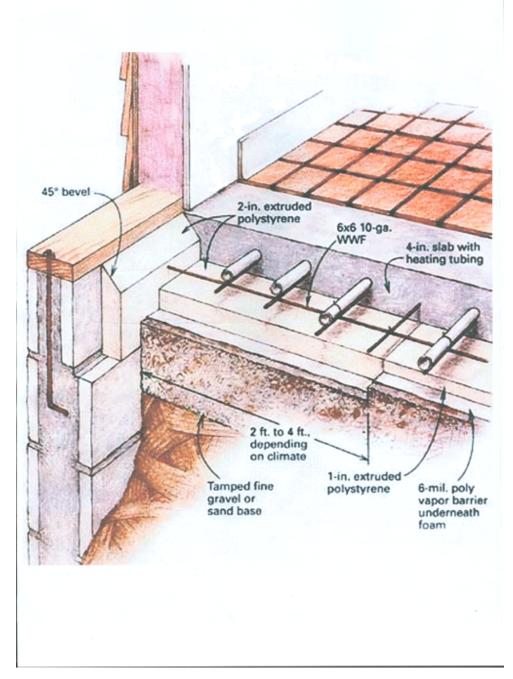
But, if you're fortunate enough to be planning an original pour, the procedure is simple. In fact, the basics of a standard pour remain the same. The compacted aggregate base is first, followed by a 6 mil polyethylene vapor barrier, then insulation, then rebar or wire mesh, or both.

The insulation phase is crucial for a radiant floor. Mainly, heated slabs radiate outward rather than downward, so insulation on the edges of the slab is most important. Remember that your slab will be about 75 degrees F. Any cooler surface in contact with the slab will try to steal its heat. If you're pouring up against your foundation walls, insulate between the slab and the walls. For a cleaner looking installation, cut the top edge of the foam board at a 45-degree angle so the concrete will flow all the way to the foundation wall and hide the foam.

How you insulate under the slab depends upon the severity of your winters. In lower, warmer latitudes, the 1" <u>XPS Foam</u> (Extruded Polystyrene foam, i.e. pink or blue board) works fine. In colder regions, use **2" XPS**.



Note the vertical insulation on the edges of the foundation. Heated slabs lose heat outward as well as downward.



There are many approaches to insulating a radiant slab, but the above detail shows a frequently used method. Since the slab will be approximately 5 degrees warmer than the room temperature, a 75 degree slab is quite common. Obviously, any cooler surface in direct contact with the slab will try to steal its heat, so a thermal break greatly reduces this heat transfer.

Of course, in many situations a downward heat flow is desired as a means of creating a "heat sink" to protect the space in the event of a severe power outage or mechanical failure. A slab with such a heat sink could take days to fully cool down.

**Note:** Many of our customers ask us about alternate slab insulation materials like radiant foils, bubble-type insulation, and thin foams of various kinds coated with vapor barriers. Admittedly, these alternate materials have two distinct advantages over "blue" or "pink" board, i.e. the extruded polystyrene mentioned above--they are cheaper and easier to install than multiple sheets

of rigid foam.

Unfortunately, customers report dissatisfaction with the performance of bubble wrap and thin foam insulation when used under slabs.

For the record, Radiant Floor Company **does not** sell under-slab insulation of any kind. Our opinion is based on customer feedback and our own experience. We recommend **Extruded Polystyrene**.

So, once you've insulated to suit your situation, install the rebar and/or wire mesh and use rebar ties to fasten your radiant tubing to the mesh. If like most slabs you require more than one circuit of tubing, you'll need to install a slab manifold at some convenient spot along the perimeter of the pour. The slab manifold is shipped in a plywood box that doubles as the form you pour the concrete around. Make sure the manifold box is installed plumb. Later, when the pour is complete and you unsweat the pressure test kit from the top of the manifold, you'll want your supply and return pipes sticking up nice and straight. Install the slab manifold very near your heat source, if possible, to keep the supply and return lines from your heat source short and easy.

Depending upon which size tubing you're using (7/8" PEX or ½" PEX) you'll space the tubing either 16" on center, or 8" on center respectively. Keep in mind that while you're looping the tubing back and forth, up and down the slab and so forth, you won't be trying to make a 16" **bend** in the tubing. The actual bend will probably be closer to a 24" radius....depending upon whether you're installing the tubing on a warm summer day, or a cool fall evening. In other words, warmth equals flexibility. But whatever the temperature, just allow the tubing to conform to its natural bend. You may want to experiment with a 4 ft. piece of tubing before you start. Slowly start bending until you reach the kink point. That will give you some idea of how tight your bends can be. Then later, while laying out your circuits, and after your wide, comfortable bend, you can begin spacing the tubing roughly 16" on center on the straight-away's (8" on center for 1/2" PEX).



Two slab installations using 7/8" PEX tubing, 16" on center. Notice the wide, comfortable bends, then the 16" on center spacing on the straightaways. Both of these installations utilized the "heat sink" option, i.e. the central 30% of the slab was left uninsulated. In areas prone to long power outages, this approach can give the slab a very long "thermal swing" by storing heat in the mass below the slab. Large thermal mass protects the home from freezing even after days without a heating system.



Future workshop slab prepped with insulation, wire mesh, and 7/8" Durapoly XL PEX.

Loop the tubing in any convenient pattern, maintaining the proper spacing. Come in about 6" from the perimeter. It's okay to cross the tubing as long as you don't create a tubing stack so thick it threatens to rise above the surface of the slab. You can see how that wouldn't be a great idea!

3-LOOP MANIFOLD	SUPPLY	<b>↓</b> ↓↓	

This is a commonly used layout pattern for a typical slab on grade installation. Although it's perfectly okay, and sometimes necessary, to cross one tube over another during tubing layout, notice how this simple configuration places each loop within its neighbor, starting from the outer connections of the manifold and working toward the center.

Once the tubing is run, and all the connections are made to the manifold, replace the front cover of the manifold box and pressurize the system to 50 PSI. Wait several hours or overnight. Sometimes the air in the tubing cools down and a few pounds of pressure are lost. However, if the gauge indicates more than a 5-PSI drop, check for leaks in the tubing. Most of the time, the connections to the manifold just need a bit more tightening. If that doesn't solve the problem, inspect the tubing for signs of damage. A sharp piece of wire mesh may have punctured the tubing during installation. It's rare, but it can happen.

If a puncture is discovered, use a repair coupling, or if that method offends your sense of perfection, replace that circuit of tubing. In most cases, replacing a complete circuit will cost less than \$200. It will cost only pennies if you can cut out the damaged section and reuse the tubing later in a floor joist application.

It's also a good idea to stuff some scrap foam, newspaper, an old rag, or whatever, around the tubing where it enters the manifold box. That way, if your concrete is unusually soupy, it won't be able to flow into the box and touch the copper manifold.

Once the system has been tested and proven free of leaks, lower the pressure to 25- PSI. With the gauge at 25-PSI, you'll have a visual indication that the system is holding pressure during the pour itself. Should that pressure drop, find the source of the leak and either use a repair coupling, or form around the damaged area and repair it later.

Just remember that damage during the pour is rare. The tubing isn't delicate and in most cases is spaced 16" apart. There's plenty of space to walk between the tubing runs. If concrete needs to be

wheeled across the floor, simply lay down some plywood planks to spread out the weight and protect the tubing.

And while we're on the subject of pre-pour preparations, this would be the ideal time to install the "sensor sleeve" if a floor sensor is being used to control the zone instead of the standard wall mounted thermostat.

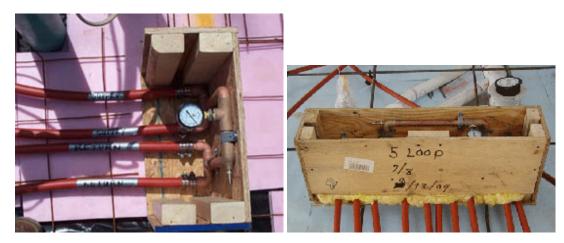


Briefly, a floor sensor is a small thermistor that monitors the **actual** floor temperature instead of the **air temperature** in the zone heated by the slab. It's the preferred method of control if a second heat source contributes heat to the zone. A radiant zone with a frequently used wood stove would be a common example. A forced air duct blowing into the radiant zone would be another. Obviously, if air temperature controlled the radiant floor, it would never come on when these other heaters were activated. The air would be warm, but the floor would stay cold.

With a floor sensor controlling the radiant zone, independent of the room's air temperature, the floor maintains whatever baseline temperature you desire and the other heat sources, if used, can make up the difference.

The "sensor sleeve" installed in the manifold box

So, when installing a floor sensor thermistor, never embed the thermistor itself into the concrete. Instead, take a ten foot piece of PEX tubing, plug one end, and embed this "sensor sleeve" into the slab. Later, you can feed the thermistor into the embedded tube. This will guarantee future access to the thermistor and make replacement an easy matter.



Once the pour is completed, the pressure testing assembly you see here is removed. Using a soldering torch, simply unsweat the top section of the manifold and discard it (be sure to bleed off any pressure within the manifold beforehand). This will leave two vertical pipes sticking up above slab level...your supply and return lines. The connections themselves remain below slab level within the "manifold well". They are fully accessible, untouched by concrete, and protected from possible damage during future construction.

The photo above on the right shows a different job with the slab manifold buttoned up and ready for the pour. Note the fiberglass insulation stuffed around the tubing. Scraps of foam, newspaper, or rags will also serve to keep concrete from flowing into the box and touching the copper manifold.



This system was pressure tested at 50 psi, but lost about 3 psi after 12 hours. This is common and results when the air cools in the tubing, especially overnight. However, if the pressure drops more than 5 psi over the same time period,



check for leaks. Most often, the connections simply need tightening.

When using a concrete pumping unit, it's best to hoist the hose, rather than drag it across the tubing. This is especially true when the concrete company creates a long hose by coupling together shorter sections with a heavy steel fitting that can crush or puncture the tubing.



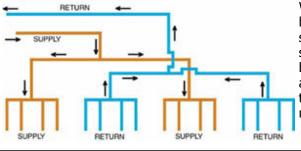


Pouring the slab around the manifold box

When you're ready to connect the slab manifold to your heat source, the pressure testing assembly is removed. It's a good idea to unsolder the pressure assembly before the manifold box is cut away and discarded. That way you can use the box to shield the wall behind it from the effects of the torch.



#### CONNECTING MULTIPLE SLAB MANIFOLDS



With a single zone in a very large slab it is usually better to gang together multiple slab manifolds and spread them over the zone rather than create a single monster manifold that forces all the circuits to begin and end in one location. This more spread out approach eliminates the unwieldy cluster of stacked tubing that is the inevitable result of the single mega manifold.

### Snow melt

**Fact:** Melting snow and ice with radiant heat consumes a staggering amount of energy. Simply imagine a warm mass of concrete or asphalt exposed to the elements and pouring BTU's freely into the atmosphere and you'll understand what we mean. Only a massive, and very expensive, **solar** powered snow melt system would avoid this almost embarrassing fossil fuel consumption. Plowing and shoveling may be harder, but they're a lot cheaper and certainly more environmentally responsible.

However, having said that, some special situations can make snow melt justifiable. One of our customers, for example, used snow melt to keep a set of outside concrete steps, on an attached apartment, safe for his 81 year-old mother. Another customer bought a house and discovered during his first winter that, thanks to poor design on the part of some contractor, dangerous ice sheets formed on heavily traveled areas around his badly graded driveway. In these situations, the need for safety justifies the enormous energy consumption (and expense) of radiant snow melt.

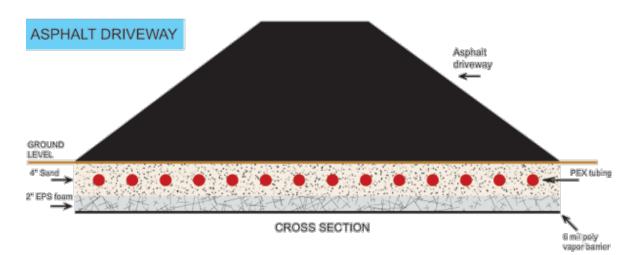
#### Here are a few guidelines:

**First**, always install a 6 mil polyethylene vapor barrier, then insulate as much as possible under and around the snow melt area. Snow melt is difficult. Direct the energy toward the task of melting the snow instead of leaking thermal energy into the ground or to the surrounding air. The vapor barrier prevents moisture from migrating **up** from below and stealing heat from the tubing.

**Second**, use a spring timer to activate the system instead of a thermostat, slab sensor, or some high-tech snow detection system. A spring timer with a maximum 12-hour range will eliminate the possibility of *leaving the snow melt running when it's not needed!* The spring timer requires **manual** activation of the system, and then winds down to "off".

Experience soon teaches the homeowner how to manage the system's energy consumption based on local weather forecasts, features, and conditions. The spring timer itself should be fed power via a standard light switch. In this way, if you crank the snow melt "on" for five hours, but notice that the snow has melted after three hours, the timer can be manually switched off. Some customers take the further step of wiring a light bulb into the same circuit to give the operator a visual indication that the snow melt is operating. Again, these are simple, effective ways of preventing the snow melt system from ravaging your energy bill. Believe me, you don't want to be heating your driveway four days after the last snowstorm.

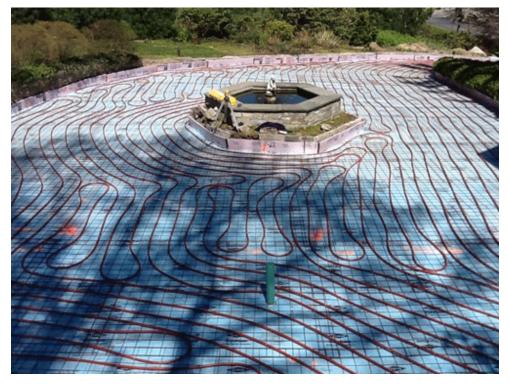
**Third**, as indicated by the drawing below, always encase the radiant tubing in a compacted sand bed and always pump cold water through the tubing while applying the asphalt. This will literally prevent the tubing from melting. The compacted sand increases the thermal mass of the system for maximum performance and also protects the tubing from damage during application of the asphalt.



And speaking of asphalt, always "cap" the asphalt with the appropriate sealer. Without the proper topping, the melted snow simply absorbs into the unsealed driveway and leaches heat away from the radiant tubing. In effect, the snow melts into microscopic puddles of water instead of flowing away from the driveway. All this liquid must then be "steamed off" by the snow melt system. Of course, this scenario assumes that the system is capable of generating enough heat to evaporate a driveway of saturated asphalt. Not likely. Even a well designed snow melt system would have to squander energy twenty-four hours a day to pull that off.

**Fourth**, if possible, in the case of new construction, orient driveways and walkways to take advantage of natural solar radiation. This may include removal of selected trees to prevent shading or adding a dark shade of integral dye to a poured concrete driveway. Do whatever it takes to gain some solar assistance.

**Fifth**, always provide adequate drainage. After all, why create dangerous ice sheets with melted snow? A properly graded driveway or walkway should channel the water **away** to a safe location. This prevents the inconvenience of snow from mutating into a disaster of ice. Proper grading also means **no low spots** (i.e. puddles, then ice patches) on the driveway itself.



A snowmelt parking area and driveway, well graded for drainage

# When The Unthinkable Happens

Oops!.....your concrete contractor forgot to install a key anchor bolt into your slab pour. He returns the next day with a masonry bit and a 1/2" hammer drill, then tries to remedy the error by drilling a hole in the new slab.....and, well you guessed it. He drills right into your radiant tubing. What do you do now?

Well, after you calm down (generally sometime between hiding his body and returning to the jobsite), you begin the arduous process of chipping away the concrete and installing a repair coupling. You'll need to create some wiggle room because the tubing has to be flexed enough to work the repair coupling securely onto both open ends of the PEX without kinking and further damaging the tubing. Four to eight inches on either side of the affected area is probably about right (**see photo below**).

Then, carefully cut out the damaged section with a PVC cutter. You can cut out about 1/2" of tubing and still have plenty of PEX to make a very secure connection.

The final step involves wrapping the coupling with self-vulcanizing (sticks to itself) rubber tape or vinyl tape. This prevents the concrete from coming into direct contact with the brass coupling and this procedure should be used ANY time a coupling is used in a concrete pour.





The approximate amount of concrete that should be chipped away to effectively repair tubing damaged in a hardened slab.



Self-vulcanizing rubber tape protects the brass coupling from direct contact with the concrete.



Even a warehouse this large can be a single zone. The secret is multiple, even circuits of tubing

## When to use twice the normal amount of tubing

When you're installing a radiant floor in high heat loss areas such as poorly insulated homes or modern dwellings with lots of glass and high ceilings, it's often necessary to double up on your tubing. In the case of 7/8" PEX, normally installed 16" on center, the tubing should be placed 8" on center. The proper method of doing this is to run the PEX as you would normally, 16" on center on the straight-away's, and a nice comfortable 24" radius on the bends. Then, when you've covered the entire zone, simply repeat the process from the beginning. This way you'll end up with two runs of tubing roughly parallel to each other, about 8" apart, but you won't have to attempt an impossibly tight bend to do it.

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